



Mutera Global Healing's Impact

Dear Friends of Mutera,

We all bear a responsibility for the health and well-being of our communities, and Mutera embraces this duty. Recent United Nations statistics reveal that mental health resources are insufficient and inadequate on a global scale. In the past year alone, a billion children experienced physical, sexual, or emotional violence as well as neglect. Mutera knows well that negative attitudes toward survivors of sexual abuse persist in Uganda, resulting in discrimination against survivors and their families.

To confront this grave issue, Mutera is collaborating with the Ugandan government and other national organizations to eradicate child sexual violence, while strategically deploying trauma-informed Survivor Advocates in various districts across Kampala, Uganda.



Kampala Capital City Authority authorized Mutera to deploy our Survivor Advocates within healthcare centers and police stations. The goal for these advocates is to support survivors by streamlining hospital processes and offering necessary assistance for their journey to healing. These survivor advocates will play a crucial role in recognizing shortcomings or obstacles within the process and will collaborate closely with medical staff and legal advocates to address gaps, to ensure a seamless service for survivors and their families.

Here is where our Survivor Advocates will work:

Wakiso schools, Kiswa and Kisugu Health Centers III, as well as police stations in Kiswa and Kisugu located in Makindye Division in Kampala District

And here are our Survivor

Advocates!



In July, Mutera collaborated with Child's i Foundation to organize a unique trauma healing workshop experience designed to provide training to social work and law graduates by equipping them with the skills they will need as Survivor Advocates for victims of child sexual abuse.

The three-day workshop went as follows:



On Day 1:



On Day 2:

Our primary goal was to establish the process of healing for assault survivors, and teach our Survivor Advocates about sexual trauma and the work of advocacy.



On Day 3:

Our advocates were organized into groups and tasked with applying the knowledge they had gained over the course of the three-day workshop.

Advocates discussed a range of topics including generational trauma, navigating emotions, and identifying cycles of harm. They were then educated on how to intervene to break these cycles as trauma-informed first responders.



Closing Ceremony:

Christopher Muwanguzi, ED of Child's i Foundation, presented each proud advocate with a certificate to mark the culmination of their training.

Special thanks to Brendah Aryatugumya and Irene Ingabire for their exceptional facilitation during the training!



Brendah Aryatugumya,
Licensed Social Worker (LSW),
and Healing Together's Country
Director



Irene Ingabire,
Mutera Advocate Program Manager

Mutera Spotlight:

Celebrating the extraordinary achievements of Mutera's Founder, Dr. Tabitha Mpamira

Join us in celebrating the remarkable milestone achieved by Mutera's Founder. Her dedication and commitment, after specializing in trauma for over 10 years, led to a Ph.D. in Psychology - a testament to her unwavering pursuit of knowledge and dedication to our mission. Congratulations, Dr. Tabitha Mpamira on this exceptional accomplishment! Your passion inspires us all.

Congratulations



DR.
TABITHA
MPAMIRA

Our Founder officially
achieved her
Doctorate of Psychology!

Support Mutera

Our critical mission cannot happen without the generous support of individual donors, foundations, and corporate partners like you.

Donate Now

All donations are tax-deductible in the United States to the fullest extent allowed by law.

Donate online:

www.mutera.org/donations

Checks can be made payable and mailed to:

4265 Okemos Road, Unit 3
Okemos, MI 48864

We extend our deepest gratitude to our longtime partners, **Focus for Health** and **Imago Dei Fund** for their unwavering dedication to our cause as the essential driving force behind our mission. Your steadfast support made it possible for us to train our Survivor Advocates and empower them to make a real difference in the lives of sexual assault survivors. Thank you for being the bedrock of our journey toward transformative healing.



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4265 Okemos Road, Unit 3
Okemos, MI 48864

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